



Diane Van Buren Designs, LLC

*"Immersive Journeys and Design for Transformational Living"*

**ITALY INSIDER AND RENAISSANCE WOMAN  
DIANE VAN BUREN ANNOUNCES PUBLICATION OF 'ENLIGHTENED ROME'  
DEBUT BOOK GUIDES READERS TO BASK BRILLIANTLY... AS THE ROMANS DO!**

**ROME: WHERE MINDFULNESS AND MAGIC MEET**

DALLAS, TX. – 7 May 2018 Diane Van Buren, native Texan and world traveler, award-winning designer and Renaissance woman, has announced the publication of her first book, *Enlightened Rome: Discover the Magic of Piazzas and Public Spaces in Rome, Italy*. Built upon her life-changing experience living in Rome, her love of Italian culture, and her inimitable descriptions of spatial character, Van Buren's debut publishing venture presents the magical essence of Rome's beauty at simultaneously personal and universal levels.

In a time when travel often is an exhausting, non-stop, outside-in fish bowl experience, Van Buren's book offers readers a memorable, deep plunge experience into basking and recharging in arts-infused urban piazzas. Rome's presence and peace resonate with visitors and residents alike. "People the world over can learn from Rome's beloved piazzas that showcase the most beautiful arts in cohesive, expansive places," said Van Buren. "Astounding spaces elevate our being and incubate our highest aspirations - *eternally*."

Van Buren lived in Rome three years, studying art history, architecture and urban design. Returning to the US, she completed her residency in architecture in mid-town Manhattan, NYC. She is a photographer, thought leader and visionary writer advocating for enhancing cities' urban quality.

Van Buren believes immersing in such places is essential to living joy-filled lives. She taps into spiritual studies to include personal gleanings for her readers to integrate their Rome experiences into practices for daily living.

Miami's leading Life Coach, Jennifer Grace, said, "*Enlightened Rome* pulled me in like an Academy Award winning film... Can't wait to explore all the secret nooks and crannies she reveals."

*Enlightened Rome* brings insights from a unique perspective: exploring some of Rome's most beloved public squares and soaking up the beauty." Bonus information includes essential cultural insights and her personal list of savvy, pre-travel tips.

For Van Buren, exploring Rome offers opportunities to experience the Eternal City with deeply lasting expansive and uplifting effects. Her revolutionary insights, practices and integrative processes allow readers to leverage travel to transform their lives. With the tips and insights in this book, deeply meaning experiences transform and uplift our everyday living: Immerse. Bask. Discover Rome - then *Bring Rome Home*, with Van Buren.

When not exploring magic squares in Italy, Van Buren offers courses, presentations and immersive mindfulness journeys to Italy that stay with people long after returning home.

For more information on Diane Van Buren, visit <http://www.dianevanburen.com/>